

FEBRUARY 2024

Palestine CUSD #3

LUNCH



School Information: Palestine Grade School
205 S Washington St
Palestine High School
102 N Main St



February is American Heart Month. Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

Reference: USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Hot Dog on Bun
Mac & Cheese
Cucumber Slices
Apple

5

Chicken Tenders
Broccoli & Cheese
Pepper Strips
Banana

6

Taco Soup
Celery & Carrots
Fritos
Mixed Fruit

7

Spaghetti & Meatballs
Salad with Tomato
Garlic Bread
Pears

1

Chicken Fajitas
Refried Beans
Cheese & Salsa
Oranges

2

Salisbury Steak
Mashed Potatoes
Green Beans
Mixed Fruit

12

Pepperoni Pizza
Corn
Cucumber Slices
Pears

13

Valentine's Day
Chicken Stir-Fry
Fried Rice
Stir-Fry Vegetables
Mandarin Oranges

14

Pulled Pork Sandwich
Baked Beans
Macaroni Salad
Peaches

15

Early Dismissal @
11:20 (PGS)
11:30 (PHS)
No Lunch Served

16

NO SCHOOL
President's Day

19

Chicken Taquitos
Corn
Cucumber Slices
Applesauce
Rice Krispy Treat

20

Spaghetti & Meatballs
Salad with Tomato
Garlic Bread
Pineapple

21

Chicken Nuggets
Peas
Oranges
Scooby Snacks

22

Corn Dogs
Glazed Carrots
Green Peppers
Banana

23

Cheese Pizza
Salad with Tomato
Apple

26

Buffalo Chicken Dip
Celery
Tortilla Chips
Green Beans
Applesauce

27

Fish Patty on Bun
Baked Beans
Cole Slaw
Pears

28

BBQ Chicken Patty
Green Beans
Baby Carrots
Chips
Peaches

29