

NOVEMBER 2023

Palestine CUSD #3

LUNCH



School Information: Palestine Grade School
205 S Washington St.
Palestine High School
102 N Main St.



November is National Peanut Butter Lovers Month. Peanut butter can be enjoyed in a granola bar, mixed into yogurt to make a fruit dip or spread on bread for a classic peanut butter sandwich.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Corn Dogs
Broccoli & Cheese
Apples **1**

Meatloaf
Mashed Potatoes
Corn
Roll
Peaches **2**

National Sandwich Day
Ham Sandwich
Chips
Broccoli
Apples **3**

Chicken Taquitos
Corn
Red Pepper Strips
Apples **6**

Pork Nachos
Coleslaw
Baked Beans
Oranges **7**

Spaghetti & Meatballs
Salad with Tomatoes
Garlic Bread
Pears **8**

Pizza
Corn
Pineapple
Rice Krispy Treat **9**

Chicken Tenders
Broccoli & Cheese
Red Pepper Strips
Pineapple **10**

Country Fried Steak
Mashed Potatoes
Green Beans
Pears **13**

Hamburger on Bun
Cottage Cheese
Chips
Pepper Strips
Apples **14**

Buffalo Chicken Dip
Tortilla Chips
Celery
Applesauce **15**

Hot Dog on a Bun
Mac & Cheese
Carrots
Mixed Fruit **16**

Sloppy Joes on Bun
French Fries
Green Pepper Strips
Peaches **17**

Cheese Tortellini Soup
Carrots & Celery
Hot Roll
Apples **20**

Taco Logs with Salsa
Corn
Frito Chips
Banana **21**

Chicken & Noodles
Mashed Potatoes
Corn
Pumpkin Cake **22**

**NO SCHOOL
THANKSGIVING
BREAK** **23**

**NO SCHOOL
THANKSGIVING
BREAK** **24**

Breakfast for Lunch
Breakfast Burritos
Hash Browns
Red Pepper Strips
Peaches **27**

Pulled Pork Sandwich
Mac & Cheese
Broccoli
Pineapple **28**

Bosco Sticks with
Marinara
Salad with Tomato
Banana **29**

Chicken Tenders
Green Beans
Sun Chips
Oranges **30**

